



## 2007-2008 Catalog

### Institutional Core and Distribution Requirements

Institutional core and distribution requirements, the first one-third of Midland's academic program, include: foreign language competency; mathematics, speech and writing proficiencies; Western heritage; and nine distribution areas — aesthetic sensitivity, American heritage, Christianity, contemporary issues, moral responsibility, personal well-being, scientific literacy, societal structures, and world community. Review the Overview chart below and the following table for Midland's core and distribution requirements and the courses which fulfill those requirements.

#### An Overview of the Institutional Core and Distribution Requirements

Institutional Requirements	Core Requirements (Minimum grade C- on A to F scale only)	Distribution Requirements
Foreign Language Competency	2 college semesters or 1 year of high school	
Math Proficiency	3 credits	
Speech Proficiency	3 credits	
Writing Proficiency First Year Seminar	6 credits	
Western Heritage	3 credits	
Aesthetic Sensitivity Appreciation Participation		3 credits 3 credits
American Heritage		3 credits
Christianity		3 credits
Contemporary Issues		3 credits
Moral Responsibility		3 credits

Personal Well-Being Mind, Body and Spirit Exercise, Diet, Nutrition, Stress Mgt. Physical Exercise		3 credits 1 credit 1 credit
Scientific Literacy		4 credits
Societal Structures		3 credits
World Community		3 credits

## Core & Distribution Courses

CORE: Minimum of C- required for each course

2 courses FOREIGN LANGUAGE COMPETENCY (FLA)

\_\_\_\_\_ (Two semesters of same language H.S. or 2 semesters College, min. C-)

3+ cr MATH PROFICIENCY (One course, Min. C-) (MAT)

3 crs. \_\_\_\_\_ MTH 100 Math for the Liberal Arts,  
 \_\_\_\_\_ MTH 140 College Algebra, 3 crs.  
 \_\_\_\_\_ MTH 150 Pre-Calculus, 4 crs.  
 \_\_\_\_\_ MTH 210 Elementary Statistics, 3 crs.  
 \_\_\_\_\_ MTH 215 Calc Mgmt-Life-Soc Sci, 3 crs.  
 \_\_\_\_\_ MTH 220 Calculus I, 5 crs.  
 \_\_\_\_\_ MTH 240 Discrete Structures, 3 crs.

3 cr SPEECH PROFICIENCY (One course, Min. C-) (SPE)

Communication, 3 crs. \_\_\_\_\_ SPE 110 Fund. of Oral  
 \_\_\_\_\_ SPE 200 Forensics Practicum, 1 cr.  
 \_\_\_\_\_ SPE 210 Interpersonal  
 Communication, 3 crs. \_\_\_\_\_ SPE 250 Group Communication, 3 crs.

6 cr WRITING PROFICIENCY (Both Min. C-) (ENG)

\_\_\_\_\_ FYS 100 First Year Seminar, 3 crs.  
 \_\_\_\_\_ FYS 200 First Year Seminar, 3 crs.

3 cr WESTERN HERITAGE (Both Min. C-) (WES)

\_\_\_\_\_ HIS 160 Western Heritage since 1500, 3 crs.

DISTRIBUTION: Max of two courses or six hrs from any one department

6 cr AESTHETIC SENSITIVITY  
 Appreciating 3 cr (APP)

\_\_\_\_\_ ART 120 Art Appreciation, 3 crs.  
 \_\_\_\_\_ ART 201 Art History I, 3 crs.  
 \_\_\_\_\_ ART 202 Art History II, 3 crs.  
 \_\_\_\_\_ ART 203 Modern Art History, 3 crs.  
 \_\_\_\_\_ ENG 110 Introduction to Literature,  
 3 crs. \_\_\_\_\_ ENG 130 Short Story, 3 crs.  
 \_\_\_\_\_ MUS 101 Fundamentals of Music, 3 crs.  
 \_\_\_\_\_ MUS 180 Topics in Music, 3 crs.  
 \_\_\_\_\_ THE 100 Introduction to Theatre, 3 crs.

Participating 3 cr (PAR)

\_\_\_\_\_ ART 100 Introduction to Drawing, 3 crs.  
 \_\_\_\_\_ ART 130 Introduction to Ceramics, 3 crs.  
 \_\_\_\_\_ ART 150 Introduction to Painting, 3 crs.  
 \_\_\_\_\_ ART 170 Watercolor Painting, 3 crs.

\_\_\_\_\_ ART 219 Introduction to Sculpture, 3 crs.

\_\_\_\_\_ ENG 230 Creative Writing, 3 crs.  
 \_\_\_\_\_ ENG 240 Poetry, 3 crs.  
 \_\_\_\_\_ JOU 121 Writing for Media: Print, 3 crs.

\_\_\_\_\_ JOU 220 Black and White Photography, 3 crs.

\_\_\_\_\_ JOU 222 Digital Photography, 3 crs.  
 \_\_\_\_\_ JOU 031 Visual Language of Film, 3 crs.

\_\_\_\_\_ MUS 011 Voice Lessons, 1 cr.  
 \_\_\_\_\_ MUS 021 Organ Lessons, 1 cr.  
 \_\_\_\_\_ MUS 031 Piano Lessons, 1 cr.  
 \_\_\_\_\_ MUS 041 Instrumental Music Lessons, 1 cr.

\_\_\_\_\_ MUS 140 Class Voice, 2 crs.  
 \_\_\_\_\_ MUS 160 Band, 1 cr.  
 \_\_\_\_\_ MUS 170 Choir, 1 cr.  
 \_\_\_\_\_ THE 120 Stagecraft, 3 crs.  
 \_\_\_\_\_ THE 150 Theatre of the Young, 3 crs.

\_\_\_\_\_ THE 260 Musical, 3 crs  
 \_\_\_\_\_ THE 270 Practicum Design/Tech, 1 cr.

\_\_\_\_\_ THE 271 Practicum Performance, 1 cr.

\_\_\_\_\_ THE 272 Practicum

Mgt./Performance, 1 cr.

\_\_\_\_\_ THE 273 Practicum Workshop Dev., 1 cr.

3 cr AMERICAN HERITAGE (AMH)

\_\_\_\_\_ ENG 140 Plains Literature, 3 crs.  
 \_\_\_\_\_ ENG 203 American Literature I, 3 crs.

\_\_\_\_\_ ENG 204 American Literature II, 3 crs.

\_\_\_\_\_ ENG 210 Topics in Ethnic Literature, 3 crs.

\_\_\_\_\_ HIS 201 Colonial America, 3 crs  
 \_\_\_\_\_ HIS 204 20<sup>th</sup> Century America, 3 crs

\_\_\_\_\_ HIS 209 19<sup>th</sup> Century America, 3 crs

\_\_\_\_\_ HIS 240 Women in America, 3 crs.  
 \_\_\_\_\_ MUS 210 The American Musical Experience, 3 crs.

\_\_\_\_\_ REL 165 American Church History, 3 crs.

\_\_\_\_\_ REL 165 American Church History, 3 crs.

3 cr CHRISTIANITY (CHR)

\_\_\_\_\_ ENG 270 Theology and Literature, 3 crs.

\_\_\_\_\_ PHI 290 What is Religion? Who is God?, 3 crs.

\_\_\_\_\_ REL 112 Christianity as Religion, 3 crs.

\_\_\_\_\_ REL 120 Development of Christian Thought, 3 crs.

_____ REL 130	Introduction to the Old Testament, 3 crs.	_____ PED 106	Basketball and Volleyball, 1 cr.
_____ REL 140	Introduction to the New Testament, 3 crs.	_____ PED 110	Folk, Square, and Social Dance, 1 cr.
_____ REL 208	Jesus & the Prophets: Reading Christian Bible, 3 crs.	_____ PED 124	Archery and Badminton, 1 cr.
_____ REL 150	Lutheranism, 3 crs.	_____ PED 129	Tumbling and Gymnastics, 1 cr.
_____ REL 170	Survey of Christian History, 3 crs.	_____ PED 130	Beginning Swimming, 1 cr.
_____ REL 185	Christian Communities, 3 crs.	_____ PED 131	Social Recreation Activities, 1 cr.
_____ PED 138		_____ PED 140	Drill Team, 1 cr.
_____ PED 140		_____ PED 142	Weight Training & Aerobic Act, 1 cr.
_____ PED 142		_____ PED 150	Lifeguard Training, 1 cr.
_____ PED 150		_____ PED 150	Tennis & Racquetball, 1 cr.
_____ PED 160		_____ PED 160	Intermediate Swimming, 1 cr.
_____ PED 164		_____ PED 164	Cheerleading, 1 cr.
_____ PED 190		_____ PED 190	Bowling & Golf, 1 cr.
_____ PED 141		_____ PED 141	Volleyball - Women, 1 cr.
_____ PED 144		_____ PED 144	Softball - Women, 1 cr.
_____ PED 145		_____ PED 145	Soccer – Men & Women, 1 cr.
_____ PED 146		_____ PED 146	Basketball - Women, 1 cr.
_____ PED 151		_____ PED 151	Football - Men, 1 cr.
_____ PED 152		_____ PED 152	Track and Field - Men and Women, 1 cr.
_____ PED 153		_____ PED 153	Cross Country - Men and Women, 1 cr.
_____ PED 154		_____ PED 154	Baseball - Men, 1 cr.
_____ PED 156		_____ PED 156	Golf - Men, 1 cr.
_____ PED 157		_____ PED 157	Golf - Women, 1 cr.
_____ PED 158		_____ PED 158	Tennis - Men and Women, 1 cr.
_____ PED 168		_____ PED 168	Basketball - Men, 1 cr.
3 cr	CONTEMPORARY ISSUES (CON)	4 cr	SCIENTIFIC LITERACY (SCI)
_____ ECO 209	Public Finance, 3 crs.	_____ BIO 100	Principles of Environmental Science, 4 crs.
_____ EDU 220	Schools in a Pluralistic Society, 3 crs.	_____ BIO 103	Principles of Biology, 4 crs.
_____ HIS 207	Contemporary United States History, 3 crs.	_____ BIO 106	General Zoology, 4 crs.
_____ JOU 280	Contemporary Issues in Mass Media, 3 crs.	_____ CHE 101	Survey of Inorganic Chemistry, 4 crs.
_____ NSC 120	Contemporary Issues in Nutrition, 3 crs.	_____ CHE 103	General Chemistry I, 4 crs.
_____ NSC 170	Contemporary Science Issues, 3 crs.	_____ CHE 122	Chemistry Health Sciences, 5 crs.
_____ REL 206	Contemporary Christian Theology, 3 crs.	_____ ESC 101	Physical Geology, 4 crs.
_____ SSC 201	Contemporary Issues in Public Health, 3 crs.	_____ ESC 102	Historical Geology, 4 crs.
_____ SOC 250	Social Issues in Literature, 3 crs.	_____ PHY 121	Descriptive Astronomy, 4 crs.
3 cr	MORAL RESPONSIBILITY (MOR)	_____ PHY 122	Topics in Astronomy, 4 crs.
_____ BIO 110	Bioethics, 3 crs.	_____ PHY 150	Elements of Physics, 4 crs.
_____ BUS 160	Business Ethics, 3 crs.	_____ PHY 151	General Physics I, 4 crs.
_____ ENG 180	Ethics and Film, 3 crs.	_____ PHY 161	Physics for Scientists I, 5 crs.
_____ ENG 190	Ethics and Literature, 3 crs.	3 cr	SOCIETAL STRUCTURES (SOC)
_____ PHI 250	Foundations of Moral Decision Making, 3 crs.		
_____ REL 230	Power, Social Struct., & Moral Respon., 3 crs.		
_____ REL 280	Christianity and Human Sexuality, 3 crs.		
5 cr	PERSONAL WELLBEING: Relationship of Mind, Body & Spirit, 3 credit hours (PER)		
_____ BUS 216	Financial Wellbeing, 3 crs.		
_____ PED 210	First Aid, Health and Safety, 3 crs.		
_____ PSY 120	Fundamentals of Psychology, 3 crs.		
_____ PSY 130	Self-Awareness, 3 crs.		
_____ EDN	Exercise-Diet-Nutrition-Stress Management, 1 credit hr (EDN)		
_____ BIO 204	Human Anatomy and Physiology, 4 crs.		
_____ NUR 180	Personal Wellness, 1 cr.		
_____ PED 180	Lifetime Fitness and Wellness, 1 cr.		
_____ ACT	Physical Exercise, 1 credit hour (ACT)		

3 crs.	_____	ECO	201	Principles of Economics I,
	_____	ENG	290	Linguistics, 3 crs.
	_____	HIS	213	Federal Government, 3
crs.				
Society, 3 crs.	_____	JOU	110	Mass Communication and
	_____	SOC	130	Principles of Sociology, 3
crs.				
3 cr		WORLD COMMUNITY (WOR)		
	_____	ECO	205	Comparative Economic
Systems, 3 crs.				
	_____	ENG	235	World Literature I, 3 crs.
	_____	ENG	236	World Literature II, 3 crs.
	_____	ESC	126	Cultural Geography, 3 crs.
	_____	HIS	153	World Cultures to 1500, 3
crs.				
	_____	HIS	154	World Cultures after 1500,
3crs.				
	_____	PHI	200	Philosophy Across the
World, 3 crs.				
	_____	REL	240	Religions of the World, 3
crs.				

## Foreign Language Competency

Midland is aware that language as a fundamental human need and response takes many forms and that those forms prescribe behavior and shape cultures. Since each language defines a way of seeing and a way of being, one year of successful work (C- or better) in one language at the high school level or 2 college semesters of foreign language is required so students become aware of the importance of language as a cultural force of unique character. Students are encouraged to complete this requirement during their first or second year at Midland.

Objectives:

- 1) Experience the unique perception of another culture through language.
- 2) Experience an exposure of at least two semesters to a language of another culture.

## Math Proficiency

Midland recognizes the role of mathematics in the liberal arts as an important cornerstone in critical thinking and creative thought. It is important that students understand this role, whether they use mathematics actively or passively in their study, their work and their life. Therefore, Midland requires one mathematics course (with a C- or better) to ensure that each student is capable of continued participation in and appreciation of the utility and beauty of mathematics. Students are encouraged to select the math course which is most appropriate for them and to complete this requirement during their first or second year at Midland.

Objectives:

- 1) Recognize the role of mathematics as a language for ideas.
- 2) Recognize the utility of mathematics in the humanities, arts and sciences.
- 3) Demonstrate increased confidence and comfort in working with mathematics.
- 4) Demonstrate the ability to perform computations appropriate to the material.
- 5) Demonstrate the ability to apply mathematical problem solving techniques.

## Speech Proficiency

Midland recognizes the role of oral communication in the liberal arts as an essential cornerstone in critical thinking and creative expression. It is important that students understand this role and its application in education, vocation, and life. As such, Midland requires one oral communication course (with a C- or better) to ensure development and application of essential communication skills. Speech proficiency is a basic requirement. Students are encouraged to complete this requirement during their first or second year at Midland.

Objectives:

- 1) Develop confidence, competence and comfort when participating in communication activities.
- 2) Enhance skills in and application of research techniques as applied within the area of oral communication.
- 3) Apply organizational skills, ethics, critical thinking and criticism in the development of oral presentations.
- 4) Create an awareness of and skills in critical listening and positive reinforcement from a receiver's perspective of communication.
- 5) Demonstrate effective use of multiple methods of effective delivery.
- 6) Increase ability to effectively participate in daily communication activities.

## Western Heritage

Midland recognizes that an understanding and appreciation of the social/historical and intellectual traditions of Western culture is essential for those who live within it. Students should be exposed to a number of the dominant personalities, ideas, contributions, and conflicts which have shaped and continue to shape Western culture from ancient Greece to modern Israel. Therefore, Midland requires one three credit-hour course in Western Heritage (with a C- or better). Students are encouraged to complete this requirement during their first or second year at Midland.

## Objectives:

- 1) Recognize the ideas that continue to influence the United States as a Western culture.
- 2) Identify and recognize dominating figures in the Western drama and their contributions.
- 3) Understand the conflicts within Western culture which continue to determine its character.

## Writing Proficiency

### First Year Seminars

The First Year Seminars introduce and integrate students into the intellectual life of Midland. Small class sizes are maintained to facilitate intellectual camaraderie and social cohesion. The Seminars emphasize Midland's commitment to content-based writing. Midland believes that written language skill reflects the student's ability to think clearly and to organize information, and furthermore, that information needs to be processed before it becomes knowledge. Students select subjects of interest to serve as a basis for content-based writing. Each course satisfies both the College first-year writing requirement and either a distribution or the "Western Heritage" core requirement. The First Year Seminar is a two-semester sequence (FYS I and FYS II) required of all entering first-year students who are required to successfully complete 6 hours from this program of courses (with a grade of C- or better and no more than 3 hours from the FYS I).

## Objectives:

- 1) Develop college level writing abilities including the use of formal English syntax, spelling, grammar, and punctuation; clear presentation of a main idea; and coherent development and support of the main idea.
- 2) Develop college level research abilities.
- 3) Develop active learning skills and the process of intellectual inquiry.

## Guidelines:

- 1) Require significant writing.
  - a. FYS I – at least 5000 words, including a research paper with reputable sources of a length appropriate to course content, and apply an accepted style for source documentation.
  - b. FYS II – at least 20 pages, a minimum of ten pages must consist of a research paper, including at least 6-10 reputable sources, and apply an accepted style for source documentation.
  - c. No more than five pages of the minimum 5000 words or 20 pages may consist of informal writing (journal, diary, response). At least 3750 words or 15 pages should consist of formal writing (analytical, research, and/or argumentative).
  - d. Graded writing will constitute at least 50% of the total grade for each course.
  - e. Require a writing handbook.
  - f. Require the use of dictionary and other library resources.
  - g. Revise and edit written work.
- 2) Require substantial and serious reading assignments appropriate to the focus of the course.
- 3) Require active student participation such as seminar type presentations, group projects with presentations, student debates and other forms of in-class oral and written participation.
- 4) Be in compliance with the State of Nebraska Standards for the 7-12 English Endorsement.

## Additional provisions:

- 1) First-year students may not withdraw from the First Year Seminars prior to the established add/drop deadline for each semester. First-year students must be enrolled in the First Year Seminars each semester. First-year students should successfully complete the FYS I before enrolling in FYS II.
- 2) First Year Seminars will be graded on a letter grade scale for C- and above (A, A-, B+, B, B-, C+, C and C-). All grades lower than a C- will receive a No Credit (NC) grade at the end of the semester. Midterm grades will include D+, D, D- and F to help students and advisors assess progress.

- 3) Students who do not achieve a C- or better in the First Year Seminars are allowed to repeat the seminar, enroll in different First Year Seminars or transfer up to six hours of English Composition (ENG 101 for FYS I and ENG102 for FYS II or their equivalent) or up to six hours of an equivalent first-year writing course in fulfillment of the Midland first-year writing requirement.
- 4) Non first-year students transferring from another college (having completed at least one regular semester of college courses after high school graduation) who have successfully completed six hours of a "first-year writing" requirement at another institution will not be required to enroll in the First Year Seminars.
- 5) Non first-year students transferring from another college who have not successfully completed six hours of a "first-year writing" requirement at another institution may either transfer up to six hours of English Composition or up to six hours of an equivalent first-year writing course in fulfillment of the Midland first-year writing requirement, or take six hours in the First Year Seminars of courses at Midland.
- 6) iMPact students must transfer in 2 English Composition courses (ENG 101 and ENG 102) or their equivalent or take iMPact English Composition.

#### Writing ("W" courses)

As a means of ensuring and encouraging the continued development of writing skills beyond the First Year Seminars, Midland requires that each major-granting department either offer a course with a writing component or designate a "W" course from another department, following the guidelines listed below. These guidelines are to be reflected in the "W" course description and syllabus. A department may designate more than one course to provide options for meeting the "W" requirement. [See the departmental course listings for the designated "W" course(s).]

#### Objectives:

- 1) Continue to develop and improve writing skills.
- 2) Be evaluated on writing skills.

#### Guidelines:

- 1) Assign at least two pieces of written work, which are intrinsic to the course, evaluating and returning one before students begin writing the next.
- 2) Require at least 3,000 words or 12 pages of final draft prose.
- 3) Write out the writing assignments, methodically and clearly explaining the nature and audience of the assignment.
- 4) Devote at least two class periods of the course or the equivalent to discussing writing.
- 5) Evaluate written work for style, form, and content.
- 6) Recommend an appropriate manual of style, a grammar handbook, and a dictionary.

## Critical Thinking ("C" courses)

Critical thinking is the intellectually disciplined process of actively and skillfully conceptualizing, applying, analyzing, synthesizing, and/or evaluating information. Rather than merely being able to memorize facts and repeat them, individuals with critical thinking skills are able to apply learned material to new situations in a variety of settings and circumstances.

Midland recognizes critical thinking as the highest level of thinking. Because this is the basis of intellectual activity, Midland requires each major-granting department either to offer a "C" course or to designate a course in another department in which critical thinking skills are clearly required. All critical thinking courses are to reflect the above definition and to include the following objectives in the course description and syllabus. A department may designate more than one course to provide options for meeting the "C" requirement. [See the departmental course listing for the designated "C" course(s).]

### Objectives:

- 1) Define a problem.
- 2) Select pertinent information for the solution of the problem.
- 3) Recognize stated and unstated assumptions.
- 4) Formulate and select relevant and promising hypotheses.
- 5) Judge the quality of inferences.

## Distribution Requirements

The nine areas of distribution direct the student's exploration and exposure. Each is viewed as complementing and supplementing the student's total educational experience. Specific courses from the various disciplines have been identified which speak most directly to the educational and developmental objectives of each distribution area.

Each student must select from the varied optional courses and successfully complete the prescribed number of credit hours in each area. No more than six credit hours or two courses from any one department may be applied toward the distribution requirement.

## Aesthetic Sensitivity

Midland realizes the unique role of the arts in expanding the human capacity for understanding through creative expression. Aesthetic sensitivity requires that the student understand the formal and structural components of a work of art through sound, color, forms, movement and/or words. Since Midland wishes to encourage life-long patrons, students are required to take three credit hours in appreciation and three credit hours in participation.

## Objectives:

Recognize the unique role of the arts in expanding the human mind through creative expression by:

- 1) Understanding the role of aesthetic form in the intelligent appreciation of a work of art (appreciation).
- 2) Understanding the role of aesthetic form in creation and/or performance of a work of art (participation).

\*Special fees are charged for private music lessons. See the College Costs section of the catalog for specific information.

## American Heritage

Midland recognizes the American experience to be one of diversity and multiple traditions. Because we both recognize and celebrate this quality that seeks to allow unity with diversity, courses in this area describe and nourish that aspect of our culture. Thus the students should come to understand the views and experiences of the variety that makes the whole. Greater understanding should lead to respect and cooperation (one three-credit course).

## Objectives:

- 1) Recognize the American experience as one of diversity and multiple traditions.
- 2) Recognize that American heritage includes the capacity to overcome conflict resulting from diversity and multiple traditions.

## Christianity

Midland, as a college of the church, affirms and promotes the Christian faith and the transforming power of the Gospel. The College therefore requires that every student be exposed formally to this faith and take at least one course in religion which focuses on Christian and/or Biblical faith, doctrine and history (one three-credit course).

## Objectives:

- 1) Recognize the power of the Christian faith to transform human lives.
- 2) Recognize the spiritual, historical and theological importance of the Christian faith.
- 3) Grow in an understanding of the Christian faith.
- 4) Students will demonstrate knowledge of the specific course objectives for the course they take to fulfill the Christianity requirement.

## Contemporary Issues

Midland recognizes that college students are the decision makers of the future. Accordingly, they must have an ability to understand and respond to concerns and issues affecting the world. An exposure to some of the issues facing our world today not

only will give the students a better understanding of the world in which they live, but also will develop an appreciation for the need to stay engaged in world concerns. The contemporary issues requirement is a structured exposure to local, national and/or world concerns. Included is an understanding of the potential courses of action and thought that could develop related to the issue or issues (one three-credit course).

Objectives:

- 1) Identify and understand concerns and issues affecting today's society.
- 2) Understand the significance and relevance of current viewpoints and arguments on those issues identified.
- 3) Be aware of potential courses of action and thought on those issues.

### Moral Responsibility

Midland affirms that the Gospel and the role of Christian values in daily life include recognizing moral responsibility. In response to a society, which promotes moral relativism, Midland maintains that there are values that can and should be taught. Therefore, one course in ethics taught from a Christian perspective is required as a basis for understanding individual moral responsibility (one three-credit course).

Objectives:

- 1) Recognize the role of Christian values in daily life.
- 2) Understand the importance of each individual's moral responsibility in society.
- 3) Students will be able to demonstrate an ability to identify and to apply various moral theories in making moral choices.

### Personal Well-Being

Midland views the mind, body and spirit in a holistic manner. The mind has a capacity to affect the physical health and wellness of an individual just as the health and wellness of the body has an impact on the wellness of the mind and spirit. Holistic well-being is influenced by self-image, activities, family and community life. One's conceptual beliefs about health and wellness influence behaviors and reflect on functioning as an individual as well as within the family and society. Therefore, the student is required to complete: (1) a three credit-hour course dealing with the relationship of mind, body and spirit; (2) a one credit-hour course introducing students to principles, theories and practices of exercise, diet, nutrition and stress management; and (3) a one credit-hour physical exercise course (five credit hours).

Objectives:

- 1) Identify the relationship of mind, body and spirit in the holistic health and well-being of an individual.
- 2) Recognize the importance of exercise, diet, nutrition and stress management as part of a healthy lifestyle and for personal well-being.

- 3) Participate in physical exercise.

### Scientific Literacy

Midland recognizes that science is the organized search for knowledge of the natural and physical forces that shape our universe. It is important to have a scientifically-literate citizenry in order to make appropriate decisions so that the use of this knowledge promotes a sustainable existence within this universe. Therefore, the student is required to complete one laboratory science course in the study of one of the basic divisions of science. This course will introduce the student to the methodology of scientific discovery and scientific application (one laboratory course of 4-5 credit hours).

#### Objectives:

- 1) Recognize that science provides a methodology for an organized search for knowledge of the natural and physical forces that shape our universe.
- 2) Recognize the role of a scientifically literate citizenry in the promotion of a sustainable existence within this universe.

### Societal Structures

Midland recognizes that human interaction takes place within the societal structures and, therefore, it is important to study the effects of groups, communities, and institutions, such as family, government, school, economy, and mass media, on individual development and fulfillment. Understanding these structures prepares the student to interact with them more intelligently (one three-credit course).

#### Objectives:

- 1) Understand the relationship of human interaction within societal structures.
- 2) Identify the impact of the societal structure on the development and fulfillment of the individual.

### World Community

Midland acknowledges that we live in a diverse and integrated world community and that students should be educated to live, work and serve in that greater world. Thus, the student should understand the differences that the world community presents, whether they are cultural, political, geographical or socio-economical. Greater understanding should lead to respect and cooperation (one three-credit course).

#### Objectives:

- 1) Appreciate the diversity within the world.
- 2) Demonstrate an awareness of the commonalities of human experience.
- 3) Understand the existence of interdependence between Western, non-Western and third world communities.

## Major Requirements

The second one-third of the academic program offers specialized preparation in various fields of interest. A number of these fields are pre-professional in nature. Other majors prepare students for work in a field which they may enter upon graduation. Still others prepare students for graduate work in their field of choice. The flexibility of the curriculum provides many opportunities for a program which meets the educational and vocational objectives of the individual.

Each student must successfully complete a major field of study. Course work taken in the major subject permits the student to inquire in depth and to pursue a coordinated and intensive study within the field. Credit-hour requirements and designated "W" and "C" courses differ from major to major, as noted in the Course Offering section of this catalog.

## Electives

Electives, the final one-third of the academic program, complement and supplement the student's institutional requirement and major course work. Through the use of electives, the student may choose courses in an exploratory vein to give additional breadth to the program or add a second major or minor or. Students are encouraged to take courses from a variety of disciplines and departments and to use electives to broaden their exposure and interests.

## MLC 101

To assist students in their adjustment to Midland, all fall term, new-to-college first year students enroll in MLC 101. This one credit-hour course provides information, policy clarification, self-help skills and choice of major/career options. See the MLC General Studies section for the course description.

## Degrees Offered

Five baccalaureate degrees are designated as degrees in course at Midland. Institutional requirements are uniform across the degrees, with the student's chosen major field of study the determinant as to which degree is earned. Students with double majors declare their degree preference when completing the "Plan for Graduation."

Students who have previously earned a baccalaureate degree at another college and wish to earn a second degree at Midland may do so by completing the degree requirements enumerated in the pages that follow.

Degree	Corresponding Academic Majors	
Bachelor of Arts (BA)	Art	
	Criminal Justice	Religion/Philosophy
	Economics	Physical Education
	Education	
	Psychology	



Contemporary Issues	3 credits
Moral Responsibility	3 credits
Personal Well-Being	5 credits
(Relationship Mind, Body, Spirit, 3 credits)	
(Exercise, Diet, Nutrition, Stress Management, 1 credit)***	
(Physical Exercise, 1 credit)***	
Scientific Literacy	4 credits
Societal Structures	3 credits
World Community	3 credits

\*A minimum grade of C- is required.

\*\*No more than six credit-hours or two courses from any one department may be applied toward the distribution requirement.

\*\*\* iMpact students are not required to meet the foreign language competency, Exercise, Diet, Nutrition and Stress Management, Aesthetic Sensitivity Participating and the physical exercise requirements. The First Year Seminar Requirement may be met by transferring ENG 101 and ENG 102 or completing iMpact English Composition.

#### B. Departmental Major

Work taken in the major permits the student to inquire in-depth into a subject of choice and to pursue a coordinated and intensive study within a field. Credit hour requirements and designated "W" and "C" courses differ from major to major, as noted in the Course Offering section of this catalog. Each baccalaureate degree candidate must successfully complete at least one academic major.

- II. Grade point averages must be maintained as follows:
  - A. A minimum cumulative grade point average of 2.00.
  - B. A minimum grade point average of 2.25 unless otherwise specified by each department in work taken in the major or minor
  
- III. The major portion of course work applied to the baccalaureate degree must be graded on the A-F system.
  - A. A minimum of 86 credit hours must be graded on the A-F system.
  - B. A minimum of two-thirds of the credit hours in major and minor areas must be graded on the A-F system. Many majors require all courses to be graded on the A-F system.
  
- IV. Residence requirements stipulate that 32 of the final 40 credit hours must be completed in residence at Midland.
  
- V. All financial obligations to the College must be fulfilled.

Special Studies Major. In addition to the majors named, Midland students, with the assistance of their advisor and the approval of the Committee on Academic Development, have the opportunity to develop their own program leading to a major.

The special studies major may be an interdisciplinary major or a special combination of courses within a department. It may be developed through the regular course offerings of the College as well as tutorials and independent study. A special studies major must be applied for no later than first semester of the junior year.